

30 WAYS ^{IN} 30 DAYS

ENDING HUNGER *together.*

Ozarks Food Harvest
HUNGER ACTION MONTH 2025



1

Last day of Splash & Sizzle.
Admission to Fasnacht pool is \$1 or free from 1-6:30 p.m. with donation of 1 canned food item.

2

Host a food and fund drive with friends or coworkers. Register your drive at ozarksfoodharvest.org.

3

Stop by **Five Pound Apparel** to get your orange **Hunger Action Month t-shirt.**



4



The **Almighty Sando** is donating 20% of sandwich sales every Thursday in September!

5

27th Annual Hungerthon

27th annual Hungerthon begins! Tune in on iHeartRadio Springfield stations Alice 95.5, US97, 100.5 The Wolf and 105.9 KGBX.

6

Sponsor a child in the Weekend Backpack Program during Hungerthon.



7



Listen for Hungerthon matches that will **double your impact** for kids facing hunger.

8



Hungerthon Day at McDonald's. Order your favorites at participating locations to raise funds for the **Weekend Backpack Program.**

9

Grab a pumpkin muffin from **Neighbor's Mill** this month.



10



Visit our **presenting sponsor Central Bank** and donate at your nearest location.

11



See **Shaun Munday** live at **Best of Luck Beer Hall** to benefit Ozarks Food Harvest.

12

Have a home garden? **Donate your extra harvest** to The Food Bank!

13

Decorate your office or front porch in orange to **raise awareness** about hunger.

14

Get social! Follow us on social media to stay engaged and spread the word.



15

Volunteer with us! Sign up to help pack food bags for the **Weekend Backpack Program.**



16

Go Orange ONLINE AUCTION
It's Go Orange Day! Wear orange to raise awareness, and scope out the amazing auction items at the **Go Orange Online Auction** before it starts tomorrow!

17



Visit **Gold Mountain Communications'** food & fund drive at Springfield Hy-Vee locations.



18



Volunteer with Full Circle Gardens to harvest fresh produce for our neighbors.

19



Check your bids! Today's the last day of the **Go Orange Auction.**

20



Smoothie time! \$1 from every Maple Cinnamon Sweet Potato Smoothie at **Mama Jean's** benefits The Food Bank this month.

21



Attend **Essential Yoga's** Yoga for a Cause class. All proceeds support the **Weekend Backpack Program.**

22

Fall into giving for the first day of fall. Every \$1 donated provides 3 meals for a neighbor facing hunger. Give below:



ozarksfoodharvest.org/donate

23

Empty Bowls online starts in two days! Get a sneak peek at bit.ly/emptybowlsonline



24



Eat at Arby's. Mention Ozarks Food Harvest at participating Arby's to benefit The Food Bank.

25



Compete at **trivia night** and order a Springfield Brewing Company beverage at **Best of Luck Beer Hall.**

26

Buy a handcrafted bowl at **Empty Bowls online.**



27

Be in-the-know. Sign up for our Harvest Times Newsletter to stay educated about hunger and what's happening at The Food Bank.

ozarksfoodharvest.org

28



Use code **FOODOZ** for 30% off your order and **Papa John's** will donate 10% to Ozarks Food Harvest this month.

29

Make your voice heard. Tell your representatives to strengthen hunger-relief efforts like SNAP and TEFAP.

30

Mark your calendar for the **Empty Bowls in-person sale at Panera on Oct. 2,** presented by **Holmes & Griffith.**



1

2



Learn more and get involved at hungeractionmonth.info

